

# Cardinal Hill Recreation Club

## Rules and Regulations

The following rules and regulations are for the protection and benefit of all members. They have been established to assure safety and sanitary operation of the club facilities. Parents are requested to caution their children to observe all rules and to obey instructions of the club manager and authorized employees. Authority has been granted to the club manager by the Board of Trustees as stated in the CHRC by-laws to enforce these rules and regulations.

### I. POOL OPERATION

- A. The regular swimming season will begin no earlier than Memorial Day and will close no earlier than Labor Day. Weather and funding permitting, the pool might be open weekends before and after the regular season dates.
- B. The pool will be open seven days per week from noon to 9:00 PM.
- C. Monday through Friday, 8 am - noon, the pool may be reserved by the manager for group or individual activities.
- D. The Board of Trustees may designate periods for special events, not exceeding 2 calendar days per month. Notification will be posted one week in advance.
- E. The pool may be closed for maintenance operations, health conditions, weather, or any reason deemed sufficient by the pool manager. Notification will be posted when practical.
- F. A fifteen (15) minute rest period shall follow each forty-five (45) minute period of free swimming. Normally, only adults are permitted to swim during rest periods, however, the pool Manager may use discretion in this matter.
- G. Anyone 18 years of age or over is considered an adult.
- H. During the designated adult swim period each hour, all persons less than 18 years of age will get out of the water and will move away from the edge of the pool. These individuals are specifically prohibited from sitting on the edge of the pool and dangling their feet or otherwise extending into the pool. Children using the main pool shall not use the wading pool during an adult swim.
- I. Members and guests must vacate the pool premises (including the parking lot) within one half-hour after closing, except during special events.
- J. The pool will be closed as necessary for swim meets.
- K.** No one shall use the rental floor of the CHRC Clubhouse without expressed permission of the Board of Trustees.

## II. CONDUCT

The pool manager has full responsibility for conduct and discipline during hours of operation. Authority will be delegated through the lifeguards whose instructions must be followed or disciplinary action will be taken. The pool manager or the assistant manager may suspend pool and recreation privileges of any adult for the remainder of the day and of any child for up to one week if conditions warrant. The employees are accountable to the manager, and the manager is accountable to the Board of Trustees.

The lifeguards & employees have been instructed to report all serious infractions or refusals to follow instructions to the pool manager. To avoid distracting the lifeguards' attention, all complaints will be directed to the manager only

- A. Members and guests shall not talk to on-duty lifeguards unnecessarily or in any other way interfere with their guard duties.
- B. Members and guests shall give full consideration and regard to the rights and privileges of others.
- C. No profane or abusive language will be permitted on the club premises.
- D. No inappropriate or excessive physical contact (including public displays of affection) will be permitted on pool property.
- E. Members and guests shall drive with care in the club area. Bicycles and licensed motor vehicles only will be allowed on club property; no mini-bikes or mopeds will be allowed. All parking regulations will be enforced.
- F. No firearms, illegal weapons or fireworks of any type including sparklers, caps, etc., are permitted on the club premises.
- G. At no time shall any person having possession of or being under the influence of any illegal drug and/or narcotic be permitted on club premises.
- H.** No one obviously under the influence of intoxicating beverages will be allowed on club premises.

### III. HEALTH AND SAFETY

- A. Admission to the pool may be refused to anyone with colds, coughs, inflamed eyes and infections or to anyone who is wearing bandages or otherwise presenting an unsanitary appearance.
- B. No glass, rigid plastic or metal containers shall be permitted in or about the pool area. Additionally, any other objects deemed unsafe or inappropriate by the manager on duty will be prohibited.
- C. No running, pushing, wrestling, fighting or horseplay shall be permitted in or about the pool and shower area. No climbing on or jumping off of fences or retaining wall
- D. Air-inflated tubes, jackets, masks, toys, or other swishing paraphernalia shall be allowed in the pool only at the discretion of the pool manager. These items are not allowed in the diving area.
- E. Use of the wading pool shall be limited to children 6 (six) years of age and under. No metal or rigid plastic toys shall be permitted in the wading pool. Supervision of children in the wading pool will be the responsibility of an accompanying adult or designated babysitter. Children wearing disposable or cloth diapers must also wear rubber or plastic pants.
- F. Every swimmer will shower before entering the pool area.
- G. Smoking and eating shall be confined to designated areas. In no-case will cigarettes, food, gum, etc., be allowed on the pool deck or in the pool.
- H. All commonly recognized rules of sanitation and safety shall be observed and enforced. Swim or dive at one's own risk.
- I. Children under age twelve (12) must pass a short pool safety test, administered by the pool manager, prior to being admitted to the pool without proper supervision. All other children not meeting this requirement must be adequately supervised by an adult at all times.
- J. Not more than one person on the diving board at any time. All swimmers will remain clear of the diving area.
- K. Refuse must be placed in containers provided.
- L. The manager or guard on duty will clear everyone from the pool and the pool deck (no one allowed on the cement surrounding the pool) when lightning or thunder has been observed. The pool will remain clear until no lightning or thunder has been observed for 20 minutes. This or other bad weather conditions can close the pool at the manager on duties discretion.

M. When a lifeguard signals there is a pool emergency, everyone must leave the pool waters immediately Please move away from the pool deck and remain quiet

#### **IV. GENERAL**

A. A list of all paid family members will be kept in the office. This will be the list used for entrance into the pool.

B. The membership list will be updated after payment of annual operating fees & assessments & not until a family emergency card has been submitted.

C. Members must register their guests at the sign-in desk and must pay the requisite fees.

D. Any member who allows a nonmember entrance into the pool without paying guest fees will be subject to suspension of swimming privileges for a period of one week and/or be subject to other disciplinary action as determined by the Board of Trustees.

E. Baby sitter pass is to be used only for one non-member guardian that is accompanying paid member children that are using the pool. At anytime that an "guardian" member from this family comes to the pool, this babysitter becomes a guest and must pay a guest fee. This is not a pass to allow a non-member admittance at any other time.

F. CHRC is not responsible for the loss of or damage to personal property.

G. Damage to club property, including trees and shrubbery, will be charged to the person responsible who will make prompt restitution. Club members are responsible for damages done by any/all dependants.

H. No pets are permitted on club property.

I. No club property or equipment shall be removed from the premises, without board approval.

J. For purposes of the application and interpretations of these operating rules and regulations, any member who shall have attained a given age on or before Labor Day shall be considered to be that age for the entire swimming season.

## **V. GUESTS**

- A. A member must accompany all Guest.
- B. Non-swimming guests and spectators are those who are admitted to the pool at the discretion of the pool manager and who are in street clothes or non-swim attire. They must be at least 18 years of age or must be accompanied by an adult. No fee is required.
- C. Fees
  - Guests: \$5 per day, per person. Children under age 3 are admitted free. Guests may only swim a maximum of five (5) times per season.
- D. Guest entering the pool more then five (5) times in a season must obtain special permission (in advance) from a member of the board.
- E. Guest conduct is the direct responsibility of the sponsoring member.
- F. Fees and limitations for special events will be determined by the social committee and/or board.

## **VI. OTHER**

The Pool manager has been given authority by the Board of Trustees to enforce the above Rules and Regulations. Abuse of these Rules will be brought to the attention of the Board of Trustees for appropriate action. The above Rules and Regulations may be changed at any time at the discretion of the Board of Trustees. Any such change will be posted at the front entrance on the bulletin board. Please co-operate with the management.